

## **Holistic Approach to Abundance**

# How to Harness The Law of Attraction to Your Advantage & Draw Love, Money & Happiness into Your Life?

"Have you ever underestimated the power of your thoughts? If you have, you are missing out on 90% of what you could potentially achieve in your life" (Steve G. Jones & Dr. Joe Vitale)

How your life would be if you could do anything yo	ou want?
What is it for you? How can YOU be abundant?	

#### Obtacle 1. Do you fully understand what The Law of Attraction is and how it works?

- It is the primal function of the Universe
- It gives people what they want deep inside.
- It's all about Energy Vibrations
- Like attracts Like

Now you understand that the Law of Attraction works whether you like it or not.

You can use this awareness to your advantage by deciding to take responsibility for your thoughts and feelings and learn the language of the Universe.

#### Obstacle 2. Who do you think you are?

- Physical Body vs. Energy Being
- Perception
  - Your Mind creates your expectations based on:
    - Your energy Blueprint
    - Upbringing
    - Social background
    - Education
    - Religion
    - Your Sex...

So, often when you think of possibilities for yourself you are limiting yourself. Limiting beliefs are one of the main obstacles in manifesting the life you want.

By accepting that you are an energy being you open up to new possibilities. You can tear down your limitations and create a clean sleight. So you can start manifesting what you want, not what you think is expected from you.

#### Obstacle 3. What is your relationship with the Universe?

- Are you blocking the flow or are you flowing with it?
  - O What are your dominant thoughts and feelings?
- Your Mind is a two-edged sword
  - It can block you from the flow
  - o It can be avery powerful tool for manifestation

### 3 Shortcuts to The Law of Attraction /Powerful Tools for Manifestation to help you open up to the Universe

- Align with the Universe through *Gratitudes* 
  - o "The Universe is on my side."
  - "Everything I want is already pouring in, I just have to catch them..."
  - Your physical body your hands to create, your legs to take you to place...,
  - Your organs to keep you alive and let you have wonderful experiences in your life time...
- Approach it through
  - Positive Affirmations
    - I am a beautiful soul with an amazing mission.
    - I am enough, clever enough, beautiful enough, funny enough, confident enough.
    - Money is a spiritual resource.
    - Money flows easily to me.

#### Strategic visualization

■ Feel it, think it, see it – the subject of your desire.





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